How to use the Omiya Kenpo Ground and facility information

[Eligible users]

Society members (insured persons and their dependents)

Relatives of Society members and former insured persons accompanying Society members

(On weekdays only, relatives of members and former insured persons may use the facility unaccompanied.)

[Hours]

| April-September | | October-March | |
|------------------------------|-------------|------------------------------|-------------|
| Saturdays, Sundays, holidays | Weekdays | Saturdays, Sundays, holidays | Weekdays |
| 8:00-10:00 | 9:00-11:00 | 8:00-10:00 | 10:00-12:00 |
| 10:00-12:00 | 11:00-13:00 | 10:00-12:00 | 12:00-14:00 |
| 12:00-14:00 | 13:00-15:00 | 12:00-14:00 | 14:00-16:00 |
| 14:00-16:00 | 15:00-17:00 | 14:00-16:00 | |
| 16:00-18:00 | | | |

- * Baseball diamonds are unavailable from January through mid-March to allow for field maintenance.
- * The soccer fields are available for use after 10:00 am from January through mid-March.
- * Sessions include time required to prepare the facility and to restore the facility to its original state (putting things away and cleaning after use).

[Rates]

| Facility | Number available | Rate (two hours per court/ground/pitch) | |
|---|------------------|---|--|
| Tennis courts | 6 | 1,000 yen | |
| Baseball grounds (rubber baseball only) | 2 | 2,000 x 100 | |
| Soccer pitches | 2 | 2,000 yen | |

^{*} A cancellation fee equal to the full applicable rate will apply for cancellations on the date of use for the user's own reasons.

[The Ground is closed on the following days]

- Every Tuesday (or the following business day if Tuesday is a holiday)
- · Dates specified by the Health Insurance Society and the Omiya Kenpo Ground
- When Ground conditions are unsuitable for use due to inclement weather

Check the Ground status on the day of use by telephoning the on-site management office (tel. 048-623-2186).

The Ground may be unavailable depending on its status.

(Availability will be determined at 6:00 am or later. In general, a decision will be made two hours before the start time of first use. For afternoon use, availability will be determined at 10:00 am or later.)

[How to apply]

- << Reservations>>
- OReservations must be made by insured persons.
- Reservations are accepted by telephone on a first-come, first-served basis from 9:00 am on the 10th of the month (or the following business day if the 10th is a Saturday, Sunday, or holiday) two months before the month in which the desired date of use falls until five business days before the desired date of use.
 - (Contact us separately to make reservations for an entire establishment for athletic festivals, tournaments, or other such events.)

| OWhen making reservations, provide your desired date of use, desired facility, hours of use, number of courts/grounds/pitches, and number of users. |
|--|
| A single session is two hours long. In principle, you can reserve up to two sessions per reservation. |
| You can reserve one baseball ground or soccer pitch and up to two tennis courts per reservation. |
| ONote that only rubber baseball is permitted to play on the baseball grounds. |
| For reservations or inquiries> Call the Health Facilities Department (tel. 03-3666-8240). |
| < <applying for="" use="">></applying> |
| After making a reservation, download the Use Application/Ticket from the Society website (http://www.shoken- |
| kenpo.or.jp/). Enter the required information and mail to the Health Facilities Department or submit at the department office counter. |
| < <issue of="" ticket="" use="">></issue> |
| On receiving the Use Application/Ticket, we will affix the Society seal to the Use Ticket and mail this to you or provide it to you in person over the counter at the Health Facilities Department office. |
| * The Use Ticket indicates information such as the rate due after use and the deadline for payment (within 10 business days after use). |
| [How to use] |
| <check availability="" for="" ground="" use="">></check> |
| OBe sure to check grounds availability before departing on the day of use. |
| Contact: Clubhouse (Omiya Kenpo Ground office): tel. 048-623-2186 |
| • Saturdays, Sundays, and holidays: Availability for use will be decided at 6:00 am or later for morning slots and at 10:00 am or later for afternoon slots. |
| • Weekdays: In principle, availability for use will be finalized two hours before the start time for morning slots and at 10:00 am for afternoon slots. |
| • In the off season (January through mid-March), availability will be determined two hours before the start time. |
| * Availability of tennis courts for use will be determined based on local weather at the start time of use. |
| * When planning to use a soccer field, be sure to check availability for use before departing, regardless of the day's weather. |
| << Reception location on the day of use>> |
| On the date of use, present your Use Ticket and ID at the reception location below before use. |
| Relatives of insured persons and former members using the facility unaccompanied on weekdays are requested to show their Use Tickets and IDs. |
| Recention location (A): |

Reception location (A): Saturdays, Sundays, and holidays in season from early March through the end of December:

Ground on-site office (Zone 19: corner of Sannobori)

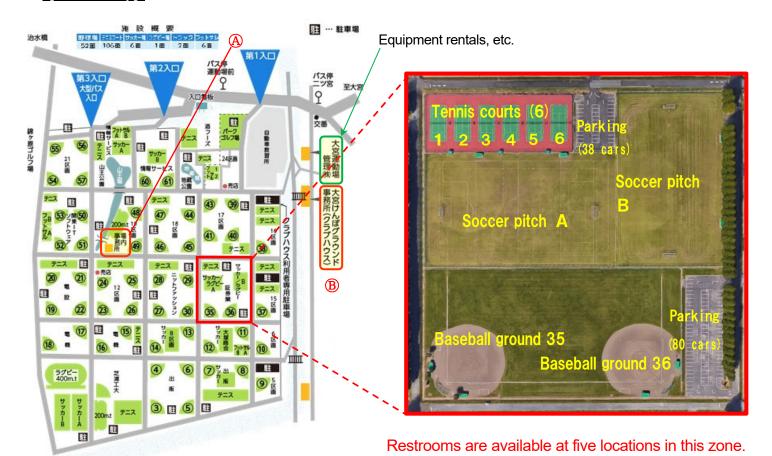
Tel. 048-625-4209 (phone answered only during the time of year indicated above)

Reception location B :

Weekdays, and Saturdays, Sundays, and holidays during the off-season period from January through mid-March: Clubhouse (Omiya Kenpo Ground office)

Tel. 048-623-2186

[Ground map]



[Notes on using the facilities]

Baseball grounds

- ① Bases are kept on the dugout roof. Please return them when finished. Note that the bases are fixed-position bases.
- ② Please rake the infield after use.
- ③ To avoid injuring others if the ball goes into a neighboring soccer pitch, call out to warn the people there.
- 4 Lines will be painted around the batter's boxes, on the foul lines, and so forth for the first use of the day. They will not be repainted for subsequent uses.
 - If the lines need to be repainted, purchase a line marker at the Omiya Athletic Ground Management Co., Ltd. office and repaint them yourself.
- (5) Note that <u>only rubber baseball</u> is permitted to play.

Soccer pitches

- ① These are also designed for rugby but are currently available for soccer only.
- ② To avoid injuring others if the ball goes into a neighboring baseball grounds or tennis court, call out to warn the people there. Watch out for balls from other baseball grounds and tennis courts.
- ③ Take off spiked shoes before recovering balls from the tennis courts.
- ④ To protect the lawn, eating and drinking other than drinking water is prohibited.
- ⑤ Goal lines, touch lines, and other lines will be painted for the first use of the day and will not be repainted for subsequent uses.
 - Line markers may be rented from Omiya Athletic Ground Management Co., Ltd. if needed.

Tennis courts

- ① Wear only tennis shoes or rubber-soled shoes on the tennis courts. Remove all mud and gravel from your shores before entering the courts.
- ② Eating, drinking, or smoking on the tennis courts is prohibited.
- 3 Do not drag umpire's chairs or other hard items over the surface of the tennis courts.
- 4 Avoid overtightening the nets. Doing so may bend the posts or snap the cables. Be sure to loosen the net after
- (5) Watch out for balls from the neighboring soccer pitches. To avoid injuring others if the ball goes into a neighboring soccer pitch, call out to warn the people there.

Clubhouse

- ① Go to the website (http://www.tokyokenpo.jp/) for information on using the clubhouse facilities.
- ② The dining hall is open 10:00-14:00 on Saturdays, Sundays, and holidays. (Closed for the time being beginning December 2024)
- ③ To use the showers on weekdays, notify the Clubhouse office that you would like to use them before using the Ground, then notify the same office when you are done.
- 4 No amenities are provided in the shower rooms. Please bring your own.
- ⑤ A meeting room is available for use by members free of charge for up to two hours. Reservations are required. Contact the Omiya Kenpo Ground office in advance to make reservations.
- ⑥ The number of parking spaces in the parking lot in front of the Clubhouse is limited. Please vacate the space promptly when you leave the Clubhouse.

Sale and rental of equipment and supplies (See the Ground map.)

Omiya Athletic Ground Management Co., Ltd. offers equipment and supplies for sale and rental. See the website (http://www.tokyokenpo.jp/) for more information.